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| --- | --- | --- | --- | --- | --- |
| **10 pts** | **20 pts** | **30 pts** | **30 pts** | **40 pts** | **50 pts** |
| **Taste Test** | **Dishwasher deep clean** | **Agriculture Jobs** | **Lilac Lemonade** | **Who loves S’mores?** | **Make Indian Tacos** |
| Try a new fruit or vegetable  Document the experience. You can write a 2-3 sentence reflection on the experience, take a couple pictures, or record a video. | Dishwashers can get dirty, grimy and stinky too. [Check out this tutorial on how to deep clean your dishwasher.](https://www.slayathomemother.com/how-to-clean-a-dishwasher/) Now it is your turn to deep clean your dishwasher at home! Take a before, during cleaning and after cleaning picture to hand in. | [Check out the new resource that the BC government created](https://www.cheknews.ca/bc-govt-launches-new-resource-to-connect-people-with-jobs-in-agriculture-sector-671365/?fbclid=IwAR3LR87P-yEdZh9KblejgD4ILwuw95audCv2-Wa3uff3FHvnJwWmT8QUxdU) that’s helps people explore and find jobs related to BC’s food chain. See attached worksheet with the assignment | Lilac lemonade- yes! Lilacs are edible! And they taste just like how they smell, which is pretty rad if you're into floral flavors like jasmine, violet, and rose. A really simple way to celebrate spring. See attached recipe sheet. | S’mores are a summer treat that usually go hand in hand with camping. Check out this [recipe for making s’mores dip at home.](https://www.buzzfeed.com/melissaharrison/skillet-smores?fbclid=IwAR0ZS976ud6YSvbiKMFJE8eTo1toDGKxCGHfx_1DtbvALLIyVUAUnUZeXhU)  Make some remembering to take a picture of your ingredients, you cooking and of course you enjoying it! | * Are Indian tacos a traditional Indigenous food? [Read this article](https://www.cbc.ca/radio/unreserved/how-food-brings-indigenous-communities-together-1.4327345/are-indian-tacos-a-traditional-indigenous-food-1.4327938) then make your own! Check out [this recipe for Indian tacos](https://www.foodnetwork.ca/recipe/indian-taco/13326/) on the food network’s page… Make your family some! Remember to take a picture of your ingredients, you cooking and then the final product. |
| **10 pts** | **20 pts** | **30 pts** | **30 pts** | **40 pts** | **50 pts** |
| **Your Food Chain** | **Indian tacos** | **Gardening time** | **Bizarre foods** | **Family Mealtime** | **Shepherd’s Pie** |
| What does the term Food chain mean? How can we work to help in shortening our food chain. Look at the diagram on the attached document and explain what a food chain is and how we can shorten it. | Are Indian tacos a traditional Indigenous food[? Read this article](https://www.cbc.ca/radio/unreserved/how-food-brings-indigenous-communities-together-1.4327345/are-indian-tacos-a-traditional-indigenous-food-1.4327938) and summarize your findings in a paragraph | Spend some time (30 min) working in your family garden. Take a before picture, picture of you working and a final picture to show what you accomplished. The could be weeding, watering, planting, etc. | Watch an episode of Bizarre Foods with Andrew Zimmern (you tube, travel channel, etc) complete the viewing sheet in the attachments. | Read the article: [The Importance of Family Mealtime](https://www.fcconline.org/the-importance-of-family-mealtime/). Plan a family meal where everyone comes together. This time should be free of outside distractions, like phones.  Use the time to communicate and share with each other. Follow the tips in the article to make the most of the time together! Don’t forget to take a picture to submit ☺ | [Watch this video](https://www.youtube.com/watch?v=fFHdiaLvAWQ&fbclid=IwAR0psDDHYSwE27pKxmLwb4U_3id_NNBtHOTZCw7rsTvy-_CehC9IbjDFqGc) made by two cooking teachers showing how to make different variations of shepherd’s pie using ingredients you have on hand and how to make substitutions in the recipe. Recipe will be in the attachments. Take picture of your ingredients, you cooking and the final product |