|  |  |  |
| --- | --- | --- |
| **Starches/Grains, Legumes/Beans, Nuts/Seeds** | | |
| Insert images of **items from your own house** that may fall into these categories...you can use your phone, chromebook or just look up similar items online.  **\*\*Do not just copy stuff from infographic or online, i want to know what you are finding in your home pantry\*\*** | EXAMPLE  https://lh6.googleusercontent.com/0cSIpGpBNGrX1S7Gg4eVs8vgHUwUGSbOBRL24nKoeLudtmBMPBBWe6Ns--HqTl4qQ8YNjdUBNQhJzfXzC5HnpPtgXgmJBaMpqpAaDkKZT3Y8rx4CwF6YeqX0DhARuFWdVFjTVpgi |  |
| **Canned and Shelf Staple Boxed Goods** | | |
|  |  | EXAMPLE  https://lh6.googleusercontent.com/Jh_ykcRAGvIqe-qQaWsKW8Tyd9nwIiRekttTr_kqq8qA8U78iqMX4oRxJ437KH8kY2IRGoIHp2ZLtOQpsg-sfGOrQk4seF3bnTM6Y1V9rzakEi7suAfHSaaKtFmLzeoR-Srf7vaH |
| **Oils, Vinegars, Condiments, Spices, Sweeteners** | | |
| EXAMPLE  https://lh4.googleusercontent.com/kUqjb_VkSO6Evlmq4NH7vPidP_3VQZjRJOLd7GHNj58PahrplMNcJBcrgWi5CDfbeP_k3yNl1G-HbHyK7tCuMjmJOHXh2wHCaOrK8htHgYpHILxGV2MCEOzUXu0iyI2gjKprfTip |  |  |
| **Vegetable Basics in Fridge (herbs, aromatics, citrus)** | | |
|  |  | EXAMPLE  https://lh4.googleusercontent.com/7BqoJc5eDYpjWXzfETAd4Er7eXpY0SJNx9w6rE5KMcFPZXi4P6PocJk-szkSpSNFmcYqjVzhLFgm8kZsaZorIUNUlFVqzzoGckuZc5lm-cn280VJl7J0j4zPVFTib_Sm52K1Bjen |
| **Dairy/Eggs Basics in Fridge (Dairy, yogurt, butter, eggs, cheese)** | | |
|  | EXAMPLE  https://lh4.googleusercontent.com/ghCmhL3mZM6IU1OvmZ5NTxifJYXTyWw9OFlEf0_Gv8zton-vXknSQ-W_yylNYU61hREQ-vwNw1JiPzZA03F-WXI_OfF0jI7h8gpL9AJOnhTKpkZW7hzfRmEw1UtIDJMIbHs0I3Ha |  |
| **Frozen Foods (vegetables, proteins, meals)** | | |
| EXAMPLE  https://lh6.googleusercontent.com/4LoIkrMaLFZZ6uZIx6JnyXNaZ_rPv2F-c69E4Jf70g0NpiXTLoOXcXRBqGWSaSOlRjSGC685eYn8W6w3XeTJsDotTiz5n2vc7FHEw8vMH-AIi4oLtusZeuzQcaUideAxP4fHmlQq |  |  |